

Good Choices / Bad Choices For Kids

When children have friends making bad choices that are potentially detrimental to themselves and the social groups around them, it can be all too easy to follow suit (Daniels & Rabar, 2019).

This worksheet helps children reflect on their friends' poor decisions and how they reacted to the social pressure and the situation.

Ask the child to think of a time when their friends made bad choices and reflect on how they responded.

The other children were doing the wrong thing or making a bad choice by:

My response/reaction was to:

If I were repeating it over, I would:

The next time I am in a situation like this, I will:

My behavior will be in line with my values and beliefs because:

We all make mistakes, especially in social situations. It is important to reflect and learn from what we do and, going forward, behave in ways more in line with our values.

References

- Daniels, N., & Rabar, S. (2019). *Social Skills Activities for kids: 50 fun activities for making friends, talking and listening, and understanding social rules*. Emeryville, CA: Rockridge Press.

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